



Bye, Mommy! (detail), 2025, digital photograph, Courtesy of Mari Udarbe Han

New Museum London Exhibition Reveals the Tender, Untold Moments of Early Parenthood

FOR IMMEDIATE RELEASE

London, ON — FEB 17, 2026 — Museum London is delighted to unveil *Snapshots of Us*, a heartfelt community exhibition opening February 21. Bringing together photographs, personal objects, and written reflections from nine London-area parents, the project offers an honest and intimate look at life with a newborn during the first year of parenthood.

Snapshots of Us highlights the raw, tender, and often unseen realities of early family life. Through deeply personal storytelling, the exhibition shares moments of joy and uncertainty, resilience and vulnerability, and the quiet strength that shapes a baby's first months.

Co-curated by Dr. Amber Lloydlangston, Curator of History & Contemporary Culture at Museum London, and community artist and advocate Danielle Longfield, the exhibition grew from Longfield's years of supporting families as a registered midwife. She approached the Museum with the idea for a participant-led, PhotoVoice-inspired project that would centre parents' lived experiences.

Longfield drew on her professional background to help design a trauma-informed,

relationship-centered process. Guided storytelling sessions offered parents a supportive space to reflect on their early experiences, including the lingering impacts of postpartum mental health challenges, loss, and navigating complex care systems. Participants were recruited through parenting networks, healthcare providers, and an open community call.

Alongside joyful stories of new beginnings, visitors will encounter experiences shaped by illness, identity shifts, and the emotional complexity of early caregiving—narratives that are often shared privately yet resonate broadly. Together, these perspectives broaden how parenthood can be seen, understood, and celebrated.

“It’s been an honour and a pleasure to work with such a wonderful group of Londoners to develop this exhibition,” says Lloydlangston. “It’s powerful and profound, and I’m grateful for the trust they’ve placed in the Museum in sharing their compelling stories.”

Longfield adds, “I care deeply about *Snapshots of Us* because I’ve witnessed, both professionally and personally, how transformative and disorienting the first year with a new baby can be—and how rarely those stories are told honestly from the parents’ perspective. I believe art and storytelling can build empathy, reduce isolation, and honour the beautiful, complex humanity of becoming a family.”

Snapshots of Us opens Saturday, February 21, in Museum London’s Interior Gallery and runs until September 27, 2026. Visitors are invited to deepen their experience through upcoming workshops and special events:

- March 8 - Smartphone Photography Workshop: Explore the creative potential of your smartphone in this hands-on session.
- March 26 - History Now!: Snapshots of Us, From Concept to Collaboration: An in-depth conversation with co-curators Lloydlangston and Longfield about the project’s development and collaborative process.

Additional Mother’s Day-themed activities inspired by the exhibition will be announced in the coming weeks.

About Museum London

Museum London mobilizes art and history to build community and co-create an inspired future. Through exhibitions, programs, and events, we connect communities, challenge ways of thinking, and ignite creativity toward a more just world.

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For more information, high resolution images or interview requests, please contact:



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